

## **Respite Volunteers Needed**

To meet the needs of Shiawassee County adults with health care needs, and especially frail elderly including elderly persons living alone, Respite Volunteers of Shiawassee is offering a Volunteer Training on Thurs. Feb. 11<sup>th</sup> from 10 a.m. to 2:30 p.m. at Oliver Woods Retirement Village, 1310 W. Oliver St., Owosso. Oliver Woods Retirement Village is sponsoring this Volunteer Training and providing a light luncheon for potential volunteers attending. The training is designed to prepare volunteers to serve adults with ongoing health needs, and their caregiving families, and especially persons who are frail, elderly, and living alone. A light luncheon is served for persons attending.

Respite Volunteers provide temporary companionship to patients, providing respite to the family caregivers and also provide individualized help to caregiving families with extenuating circumstances. Respite volunteers typically spend one to four hours a week of time with the patient to help as needed such as provide companionship, playing cards, having conversation, helping the person with hobbies, provide services such as basic home repairs, and assistance with grocery shopping and errands. Respite Volunteers is a community partner agency of the Shiawassee United Way, and a member of the Michigan Faith in Action Network Collaborative

Soon additional volunteers will be needed for the Perry, Morrice, Shaftsbury, and Laingsburg communities.

If you have some extra time, and would enjoy giving back in this way, please consider volunteering for Respite Volunteers said Helen Howard RN, Executive Director.

Please call or e-mail the Respite Volunteer office to register, so a volunteer application can be forwarded. For more information, please call the office at 989-725-1127 or visit our websites: [faithinactionmi.org](http://faithinactionmi.org). and [www.shiarespite.org](http://www.shiarespite.org) The e-mail address is: [respitvolunteer@verizon.net](mailto:respitvolunteer@verizon.net)